

From the Products We Love Page, [www.masteringalchemy.com](http://www.masteringalchemy.com) (accessible with free membership log in)

This Shift of Consciousness that we are in the midst of is changing every aspect of ourselves and our planet including our physical bodies and the water we are composed of. Much of the Mastering Alchemy, Level 3 work is about how to transform our carbon-based structure into one based on silica. This is the LightBody. The water within us is instrumental in this process and the more hydrated we are the smoother the transition.

Dave Schneider, creator of the Stirwand™ technology is a man who has devoted the better part of his 30-year career in the health and nutrition field to becoming an expert on water, energy and well-being. He believes this most precious resource is not only misunderstood, but also neglected and abused, and that not addressing this tragedy places everyone, especially our children, at great risk.

### **What are Stirwands™?**

Stirwands™ are a fast easy way change the chemical balance of water for greater hydration. Simple.

#### **WHY HYDRATE?**

We're 90% water at birth, down to 70% as adults, and dropping. How well hydrated we are affects every bodily process: removal of toxins, electrical energy for brain function, blood oxygen levels, energy-generating cycles, immune system, hormone production, muscle tone, joint flexibility and strength, nutrient absorption, digestion, bone health, nails, skin and more. To achieve even a chance at a healthy life, we need a continuous flow of enough balanced, energized water, or everything gets stagnant. It's said that 75% of all disease can be traced back to even short term dehydration - from hypertension to strokes to cancer, depression and arthritis.

We absorb less than 10% of the water we drink. Even if you drink enough water every day (half your body weight in ounces), studies of nearly 40,000 people, all drinking this standard amount of water, show 94% are still dehydrated.

Our bodies are so toxic they can no longer chemically balance water and then absorb enough of it to provide therapeutic levels of hydration and oxygen. Yet water, restored to the natural chemical balance and energy it had years ago before we polluted and depleted it, has the ability to not only keep us alive but healthy and capable of optimal performance.

Nobel Prize winning science in 2003 proved how our cells hydrate - they absorb single water molecules at a time only through aquaporin channels in the cells. We now know and have proven that it's not the source nor the pH level or clusters that count in hydration and oxygenation - it's the chemical balance and

stability of water when you drink it.

## THE EVIDENCE

Hydration is a mathematical measurement of the fluid levels in the body. The more hydrated you are, the more efficiently you transport nutrients and hormones, and flush toxins. In the past 7 years, nearly 40,000 human subjects have gone through hydration testing at Fenestra Research. This testing clearly shows that the current state of the average human is not up to the challenge of processing and absorbing enough water, even if the correct amount of water is consumed daily, 94% of the nearly 40,000 people tested were found to be significantly dehydrated.

Stirwands are a proven, affordable, and oh-so-simple solution that's backed by human clinical trials. When stirred in your water for just 20 seconds before you drink it, Stirwands are clinically proven to naturally - without adding anything artificial - quickly restore any clean, potable water to near perfect balance and stability.



Water stirred with a Stirwand™ can:

- Deliver therapeutic levels of hydration and oxygen to your cells via single water molecules.
- Increase hydration immediately, 28.5% (within 30 days)
- Increase blood oxygen immediately, 10.25% (within 14 days)
- Decrease cellular toxins, 18.2% (within 90 days - THAT's a measure of how toxic our bodies are!)

All 8 Stirwands™ are for increasing hydration, oxygenation and cellular and heavy metal detoxification. Here's what we've experienced with the ones we've tried so far:

### **Clear ~ Gourmet**

**For enhancing flavor of food.** I stir it in my morning coffee and it actually tastes smoother and less sharp. Stirred in less-quality wine (not that we drink cheap wine) the wand makes it delicious and richly drinkable. Makes a big difference in all foods. Just lay in on your plate. Yummy.



### **Turquoise - Olympian Stirwand™**

**For athletic performance.** Jim rides his road bike 100 miles a week and I work out or hike every day. Since stirring this wand in our water before leaving home, we have both noticed greater stamina and a better attitude about our long cardio work outs. Fun! I'm experimenting now with my elderly cat.



**Blue-Violet - 24/7 Stirwand™ For everyday use and stress relief.**

Super hydration. We keep it in our kitchen water dispenser.



**Yellow - Illuminator Stirwand™ For mental clarity and inspiration.**

This is my favorite. It is AMAZING. I keep it in a glass of water on my desk and I swear - my creativity has increased 10-fold. A Level 2 student says that she "can't stop writing" when she uses it.



**Purple - Zen Master Stirwand™**

**For relaxation, meditation & calming** and is best used at the end of you day. Very very relaxing. (It's also great for calming kids!) How do we get it to the neighbor's dog?

We haven't yet played with the others (Guardian, Warm Heart, Gardener).