

Stirwand™ Selection & Usage Tips:



All Stirwands™ are hydrating, oxygenating and detoxifying, can be used in all your drinking water, your bath, pool, spa, aquarium, laundry, cleaning, watering plants, etc, and are safe to use in hot liquids. They're 6 inches long, ½ inch wide at the bottom end (the end that needs to be in contact with the water).

Different mineral blends affect the amount of coherent energy put out by each type of Stirwand™, as well as the individual enhancing benefits of each. Two of them are specifically blended for targeted uses:



Gardener (Amber) – For enhancing the vitality of house & garden plants; ideal for increasing the available oxygen for fish and plant life in your home aquarium and outdoor ponds, fresh or salt water. One per tank or one per 500 gallons in a pond – will keep it crystal clear, barring any imbalance. Also ideal for enhancing the vitality of fresh fruits & vegetables: wash with Gardener stirred water for at least 30 seconds, and/or store with the produce.

Gourmet (Clear) –For enhancing the flavor of beverages (stir to taste) and food (place in, under or on top of solids for 30 seconds or to taste). Stir soups, yogurt and other soft food for at least one minute. Not recommended for beer, great for inexpensive wines. See Taste Tests in the [FAQ & Tips](#) on our web site.

The remaining 6 wands:



Basic or 24/7 (Blue-violet) – Everyday use and stress-relief. This is the wand used in the clinical trials. Powerful, yet designed for use day or night. If getting just one Stirwand™, this is recommended for that reason.



Zen Master (Purple) – Calming, relaxation, meditation, hence recommended for evening use and a calming bath.

Day time use recommended:



Olympian (Turquoise) – For optimizing athletic performance.



Illuminator (Yellow) – For stimulating mental clarity, focus and inspiration. Many make this their first glass of water in the morning.



Guardian (Orange) – For grounding, stabilizing and strengthening.



Warm Heart (Rose) – For opening the heart chakra.

Usage Tips

For your drinking water, a 20 second stir is all you need, from a glass to a gallon, or leave the wand in the glass or container, as you would for larger containers such as pitchers, water coolers, washing machines, fish tanks or pools, etc. This will not over-charge the water, nor affect the life of the wand.

Drink a glass of stirred water first thing every morning, then continually throughout the day and evening. Recommended amount is ½ ounce of stirred water per lb of body weight.

Make stirring the water the last thing you do before drinking it.

Wash with mild soap. Do not microwave or place near flame or excessive heat.

Water remains 99.0% stable in an open container for a minimum of 48 hours, 95% stable for months in a sealed container.

Don't forget your pets, kids, wildlife, livestock, etc.

Use just one wand, and one type of wand at a time. Using more than one will not have a greater impact on the water, and using two different wands at once will likely negate the full effects of the enhancing energy of each wand. You can always switch from one wand to another. Example: Illuminator water in the morning (for that "lightbulb" effect as some describe it, Olympian for extra energy or your workout in the afternoon and then Zen Master for evening to calm and relax.

Use your Stirwand™/stirred water for all the water you drink and everything you use water for or in. Read "*Stirring Stories*" on our website for other usage tips offered by our customers.* The Stirwand™ is an amazingly powerful and versatile tool.

*Stirwand™ descriptions and suggestions for use are subjective and are not intended to represent scientific fact except for hydration, oxygenation and detoxification claims that have scientific proof as documented in the clinical trials on our web site.

Any questions, contact:

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